



WHAT'S TRENDING?



Resources for October National Depression and Mental Health Awareness and Screening Month

Visit: MagellanHealthcare.com/Mental-Health

Magellan's FearFighter®, MoodCalmer and RESTORE® digital cognitive behavioral therapy modules are now available online in Spanish!

Visit: MagellanHealthcare.com/Digital-BH/DCBT



UPCOMING EVENTS



<u>Date/Time</u>	<u>Topic</u>	<u>Register</u>
October 25, 2023 2:00 - 3:00 p.m. ET	Magellan Healthcare webinar Impacts of protective and adverse childhood experiences	Learn more and register for free
November 15, 2023 2:00 - 3:00 p.m. ET	Magellan Healthcare webinar Holiday boundaries - the best gift to give yourself	Learn more and register for free

**Check out a few of the conferences we're participating in!
Attending? Visit us there!**

October 12 - 13, 2023	California Primary Care Association (CPCA) Visit us at booth #406	Learn more and register
October 18 - 20, 2023	Medicaid Health Plans of America (MHPA) Check out our presentation, "Innovative whole health solutions promote equity for New Mexico Medicaid members: A PHP/Magellan case study," and visit us at booth #100	Learn more and register
October 23 - 25, 2023	California Association of Health Plans (CAHP) Visit us at booth #400	Learn more and register



MAGELLAN HEALTH INSIGHTS BLOG



[National Preparedness Month: Building Resilience for All Emergencies](#)

[Transforming Behavioral Healthcare: Magellan Healthcare's Digital Cognitive Behavioral Therapy Programs](#)

[Tips for Helping the "New Kid" Adjust in School](#)

[Suicide Prevention Strategies & Resources for Military Families: A Conversation with Magellan Federal's Supervisor for the Adolescent Support and Counseling Service](#)

[Extreme Heat and Mental Health: 10 Tips to Stay Cool and Cope](#)

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MAGELLAN IN THE NEWS



Healthcare Business Today, [The Mental Health Impact Of Changing Schools On Children](#)

The Times Herald, [Why I always pack Narcan](#)

Magellan Health, [Magellan Healthcare Hosts Free Webinar to Explore Adverse Childhood Experiences and Adulthood Depression for October's National Depression and Mental Health Awareness and Screening Month](#)

Magellan Health, [Magellan Healthcare Releases Clinical White Paper on the Need for Evidence-Based Digital Cognitive Behavioral Therapy Programs](#)

Behavioral Health Business, [Magellan Health CMO Dr. Caroline Carney on Value-Based Care's Progress, Parity and Behavioral Health Innovation](#)

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