



Your mental health resources for the New Year!

Register for a free webinar and peruse our latest news

New! “A 5-Year Success Story in Cambria County”

- [Check it out](#) in this booklet from Magellan Behavioral Health of Pennsylvania



New! “Media Impact on Mental Health”

- [Learn more](#) in this white paper from Magellan Federal



Upcoming event

- February 7, 2023, 2:00 – 3:00 p.m. ET

Magellan Healthcare webinar, "eMbrace the link between employee engagement and wellbeing" ([info and registration](#))



Magellan Health Insights blog posts

- [What's hope got to do with it?](#)
- [Helping children feel safe and prepared for a crisis](#)
- [A beginner's guide to mindfulness](#)



Magellan in the news

- *Behavioral Health Business*, [Magellan Healthcare, Kyo Partner to Develop Outcome Standards for ABA Value-Based Care](#)
- *HIT Consultant*, [Wraparound Programs – An Alternative Approach to Address the Children’s Mental Health Crisis](#)
- *Healthcare Business Today*, [The Unintended Impact of the Holiday Season on Mental Health and How to Manage It](#)



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