



Your mental health resources for February!

Register for a webinar next week and catch up on the latest news

Upcoming event

- February 7, 2023, 2:00 – 3:00 p.m. ET

Magellan Healthcare webinar, "eMbrace the link between employee engagement and wellbeing" ([info and registration](#))



Magellan Health Insights blog post

- [Volunteerism and Community Engagement](#)



Magellan in the news

- *Verywell Mind*, [Estrangement Hurts, But Chosen Family Can Help](#)
- *InStyle*, [How to Kick-Start an Upward Spiral](#)
- *Authority Magazine*, [Becoming Stress-Proof: Dr Steven Pratt of Magellan Healthcare On How To Reduce Or Eliminate Stress From Your Work](#)



- *The Valley Ledger*, [Importance of Family Engagement in Treatment and Recovery](#)
- Magellan Health, [Magellan Federal Named a Winner of 2023 Top Workplaces USA](#)
- Magellan Health, [Magellan Health Appoints Anna Sever as President of Magellan Federal](#)

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