



SPEAK

Chronic pain. Substance misuse. Serious health issues. Crippling anxiety. Financial strain. Violence. Legal problems. Military service. Divorce. Death. Abuse. Trauma. Relationship troubles.

Many stressful situations contribute to suicidal thoughts among those with and without known mental health conditions.

Speak up for yourself. Speak out for others.

**For more information and resources, visit
MagellanHealthcare.com/Prevent-Suicide.**