



eMpowered for Wellness

Presented by Magellan Healthcare & the Depression
and Bipolar Support Alliance

New! Magellan Health Crisis Communications Resource Page

A message from Thomas Lane, NCPS, CRPS, senior director, community and recovery supports

Sadly, nearly every day we are faced with traumatic events that impact everyone in our communities and across the U.S. Whether it be weather-related events, shootings or other emergencies, these traumatic events are frightening. Some of the events make national news and impact people in many areas, while other events are more local and may impact only a small group of people. When an event impacts many people in a region, Magellan Health opens a crisis line and encourages the public to call for counseling and other resources.

In response to traumatic events, Magellan has developed a central location for crisis communications resources. **The resource page, magellanhealth.com/crisiscommunications, includes four Magellan tip sheets available to download, and links to resources on the Ready.gov website, such as guides and videos for nearly 30 different types of traumatic events.** We realize that we may not be aware of all traumatic events that occur in the U.S., so we've made our resources available 24/7/365.

As always, I encourage you to share this newsletter with others to spread the word about this great resource.

***"Life always waits for some crisis to occur before revealing itself
at its most brilliant." – Paulo Coelho***

Previous issues of this newsletter are available on Magellan's [Resiliency and Recovery e-Learning Center](#), which offers a range of no-cost resources, including previously recorded webinars and on-demand e-courses about peer support specialists, and a health education and literacy library.

MagellanHealthcare.com/Training/eLearning

Magellan
HEALTHCARESM