



SEPTEMBER IS SUICIDE PREVENTION AWARENESS MONTH

Mental health wordsearch

Take a moment to care for your mental health with this calming word search. Find and circle all the words hidden in the grid. The words are hidden in any direction.

THOUGHTS
RECOVERY
STRESS
BEHAVIOR

SUPPORT
MENTAL
PREVENTION
WELLBEING

STIGMA
HEALTH
PATIENCE
MINDFUL

AWARENESS
MIND
ACTION
RESILIENCE

M	S	D	R	M	J	A	S	S	E	R	T	S	M	K
D	S	O	M	I	N	D	S	N	R	P	V	M	V	E
K	E	F	B	J	W	H	T	L	A	E	H	X	M	A
B	N	W	B	E	F	W	Q	K	O	O	I	C	N	M
Z	E	C	I	L	U	F	D	N	I	M	S	P	I	E
G	R	O	I	V	A	H	E	B	O	G	E	V	I	N
R	A	G	I	B	U	O	J	S	N	O	W	C	M	T
E	W	G	T	R	E	S	I	L	I	E	N	C	E	A
C	A	I	R	Y	W	E	L	L	B	E	I	N	G	L
O	A	Q	O	N	B	Y	A	M	G	I	T	S	M	S
V	T	G	P	O	W	S	T	H	G	U	O	H	T	Z
E	T	B	P	I	O	P	A	T	I	E	N	C	E	C
R	S	M	U	T	U	A	D	R	J	M	F	N	R	I
Y	C	P	S	C	P	R	E	V	E	N	T	I	O	N
N	B	L	W	A	P	S	O	U	H	R	W	N	R	E





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