



Social drinking versus problem drinking: What's the difference?



Join our webinar on Wednesday, September 11, 2024 at 1:00 p.m. CT. We'll review the symptoms of problem alcohol use, plus how to recover from the condition. Scan the QR code to [register now](#).

In this webinar, you'll learn about:

- The characteristics of low-risk and high-risk alcohol use.
- Healthy coping strategies to avoid the negative impacts of alcohol use.
- When and where to seek assistance for alcohol use issues.

Visit your member website for more information.