

## Support loved ones with mental health concerns



More than one in five U.S. adults—and likely someone in your life—has a diagnosable mental health condition. Join our live webinar on Wednesday, April 9, 2025 at 1:00 p.m. CT. Scan the QR code to <u>register now</u>.

Through this webinar, you'll:

- Recognize common signs of mental health challenges
- Learn tips to provide meaningful support to loved ones
- Discover valuable resources

## Visit your member website for more information.