

iMpact

News and solutions for  
you and your members

Magellan  
HEALTHCARE.



## WHAT'S NEW?



### RESET YOUR ENERGY WITH THE MAGELLAN MINUTE

Tuesday, January 21, 2025

2:00 - 2:15 pm ET

Reenergize your mental health in just 15 minutes with the Magellan Minute! Join Dr. Annetta Davenport, a Certified Employee Assistance Professional and Florida Licensed Mental Health Counselor, for a quick, dynamic session designed to help you recharge and refresh, discover why mental wellbeing matters, learn strategies to improve your outlook, and practice simple techniques to restore positivity in your daily life.

Register  
now!



## WHAT ELSE?



### MAGELLAN INSIGHTS BLOG



[January is Mental Wellbeing Month](#)

[EAPs Support the 8 Dimensions of Wellness](#)

[Workplace Wellness for Veterans](#)

### NEWS

[Addiction Treatment Business, Fear of Opioid Medications Leads to Riskier OUD](#)

## VIEW THE EPISODE OF PSYCH HUB'S THERAPY CARE

Featuring Magellan Health's President of Behavioral Health and CMO Dr. Caroline Carney, MD, MSc, FAPA, FAPM, CPHQ



Haven't watched the episode of Therapy Cafe, "The Impact of Integrated Care on Mental Health Outcomes," with Dr. Carney? This is your reminder to check it out.

This episode will help you gain a high-level understanding of the collaborative care model and how integrated and measurement-informed care is transforming mental health services.



## [Treatment Choices](#)

### UPCOMING EVENTS

#### **2025 Hawaii State of Reform Health Policy Conference**

January 14, 2025 - Honolulu, HI

[Learn more and register](#)

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