

SEPTEMBER IS SUICIDE PREVENTION AWARENESS MONTH

# Mental health wordsearch

Take a moment to care for your mental health with this calming word search. Find and circle all the words hidden in the grid. The words are hidden in any direction.

THOUGHTS  
RECOVERY  
STRESS  
BEHAVIOR

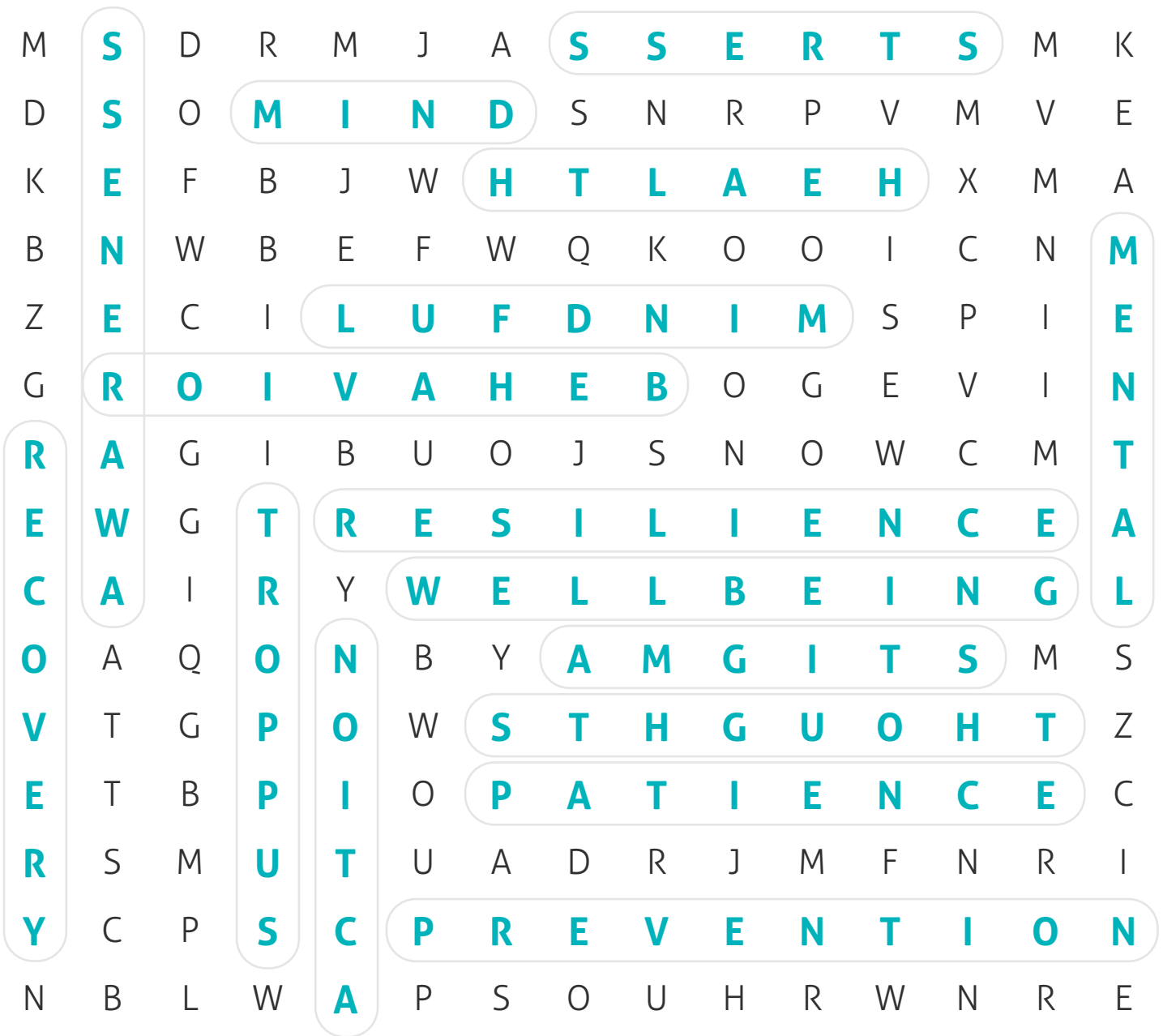
SUPPORT  
MENTAL  
PREVENTION  
WELLBEING

STIGMA  
HEALTH  
PATIENCE  
MINDFUL

AWARENESS  
MIND  
ACTION  
RESILIENCE

M	S	D	R	M	J	A	S	S	E	R	T	S	M	K
D	S	O	M	I	N	D	S	N	R	P	V	M	V	E
K	E	F	B	J	W	H	T	L	A	E	H	X	M	A
B	N	W	B	E	F	W	Q	K	O	O	I	C	N	M
Z	E	C	I	L	U	F	D	N	I	M	S	P	I	E
G	R	O	I	V	A	H	E	B	O	G	E	V	I	N
R	A	G	I	B	U	O	J	S	N	O	W	C	M	T
E	W	G	T	R	E	S	I	L	I	E	N	C	E	A
C	A	I	R	Y	W	E	L	L	B	E	I	N	G	L
O	A	Q	O	N	B	Y	A	M	G	I	T	S	M	S
V	T	G	P	O	W	S	T	H	G	U	O	H	T	Z
E	T	B	P	I	O	P	A	T	I	E	N	C	E	C
R	S	M	U	T	U	A	D	R	J	M	F	N	R	I
Y	C	P	S	C	P	R	E	V	E	N	T	I	O	N
N	B	L	W	A	P	S	O	U	H	R	W	N	R	E





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